

COUNSELING CONNECTION

**READING at Home with Your Child**

**\*\*Here are a few tips and ideas to help cultivate a love of reading at home.**

- Let them hold the book as you read
- Allow them to turn the pages
- Invite them to finish the sentences if reading with you
- Point to the words as you read so they associate words with reading
- Model reading in front of your child
- Go to the library
- If the book has pictures, encourage

them to read the pictures and talk about them

- Read the same book 2-3 books every day for a week, then switch
- Read books daily
- Designate a “reading time” where the whole family sits down to read
- Allow them to choose the books
- Talk about the books after reading them
- Be excited about reading with your child. It’s contagious!

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**Proven Ways to Project Positive Energy**

- ◆ **Make Yourself a Priority**
- ◆ **Remember What’s Fact and What’s Thought**
- ◆ **Be Kind to Yourself**
- ◆ **Use Positive Words**
- ◆ **Smile More**
- ◆ **Practice Gratitude**
- ◆ **Work towards Accomplishing a Goal**
- ◆ **See others in a Flattering Light**
- ◆ **Give Compliments**
- ◆ **Live in the Moment**
- ◆ **Practice Good Posture**
- ◆ **Be More Generous**

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**Character Word for MARCH**

**FORGIVENESS**  
-Excusing or pardoning a mistake or offense; letting go blame

**Classroom Counseling Lessons MARCH 2021**

**K-5**  
**Acceptance & Forgiveness**

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**“Do not let your failures define you---let them teach you.”**  
~Barack Obama

